

West Somerset

- Continuing the partnership with Living Better Primary Care Network, CCS Village Agents and key education and health services to provide a health and well-being hub.
- We are working closely with the Family Intervention Service and School's PFSA's to help improve the pastoral process and their access to professional support for young people and their families. This includes establishing a regular review meeting for pastoral support agencies, schools, PCN and FIS who attend.
- We have piloted a young people's health coach role working in partnership with Living Better and PCN to improve the level of support available to young people through a social prescribing route. It will complement our well-being and counselling offer we presently have in place.
- We have established and continue to work upon the development of support groups and services for young people with SEN and their families across West Somerset. Delivering groups such as BLOOM, and supporting others.
- The delivery of a young carers group and access to services has continued to grow. As well as our delivery and support of home educated children across the area. We are in the process of working with local LCN's, PCN and voluntary sector organisations to offer a greater range of opportunities for young people based in the West Somerset area.

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Bridgwater – Working with the Bridgwater Bay Primary Care Network and Social Care to connect Health Coaches, community provisions and local community spaces to enhance and compliment the provision on offer to residents.

North Sedgemoor – Working closely with the Wessex Learning Trust to develop the Team Around the School model and to utilise the community hubs and spokes in the neighbourhood to support local key priorities, enabling statutory and community services to come together to work as one.

West Mendip – Working with Crispin and The Blue School to identify gaps in parenting offer and establish new provision. Creating links between early years, youth and adult provision across statutory, council, school, health and Voluntary, Community, Faith and Social Enterprise to promote a whole-family approach.

Mendip – Linking Parent Family Support Advisers and the Family Intervention Service to the Voluntary, Community, Faith and Social Enterprise, enabling the delivery of a cohesive support package to parents and families.

Connect Somerset Champions are working on lots of priorities to support their local neighbourhoods.

Frome – Leading the Children & Young People Mental Health Forum meetings to support networking and partnership working.

Wincanton, Castle Cary and Bruton – Working on alternative provision for Children and Young People not attending school due to Social Emotional Mental Health needs.

Wellington and Wiveliscombe – Leading the development of the Kings Arms Early Intervention Hub within the community including promoting engagement from statutory services to extending their offer into the heart of the community.

Taunton – Supporting the Professional Practitioner Pilot with the Family Intervention Services in Pyrland and Monkton Wood Academy.

Chard, Langport, Ilminster and Crewkerne – Strategically enabling Community Leaders to focus on Early Years and the Cradle to Career initiative.

Yeovil – Supporting the County Lines Creative Project in partnership with Yeovil College and Bucklers Mead Academy

South Petherton and Somerton – Enabling health and social care partners to use the Martock Information Centre and other hubs, schools and community venues to meet people within their community, reducing travel anxiety and bringing more services closer to families.

#Help4All

- Easy to digest universal **offer of early help** that's available to all residents
- Building **resilience** for families and residents
- Includes support with cost-of-living crisis, #LearnForLove parenting support, Council and partners' advice and guidance
- **All professionals have conversations with families** about what's available to help, and help them to access that support

www.ConnectSomerset.org.uk/Help4All

#Help4All 

Everyone is impacted by the cost-of-living rising which can put extra pressure on families. Somerset voluntary, community and public services are here to help. We've listed some of the most popular services and support that may be useful for you to know about.
www.connectsomerset.org.uk



Money - Contact **Citizens Advice** via email or use the daytime/evening Adviceline on **0800 278 7842** for advice on debt, energy costs, benefits. If you need immediate money for food or heating, you can access the **Somerset Household Support Fund**, professionals can help you with this, if required. You can find a nearby **warm welcome** space, or **food and activities** for eligible children at weekends. You can also seek help with **housing benefit**, **council tax reduction**, **claiming a discretionary award** and **public and community transport**. As well as support with **life long learning** and **finding and keeping a job**.

Food - Find your local food bank (for a professional). Children and young people under 16 and Food (you will have a child under 4, you may be eligible for a free school meal).

Home - If you are worried about your home, as you can, as we offer help. In an emergency you can call 0800 278 7842.

Mental health - Open Mind Somerset also be accessed through the Tellmi app. For more information people is available through the Tellmi app. For more information guides and counselling services call 01823 276 892 or online. **SASP**. You can also make an appointment with a counsellor.

Domestic abuse - If you or your family are affected by domestic abuse, you can get help from **Somerset Domestic Abuse Service** or call **0800 69 49 999** and choose option 2.

Drugs or alcohol - There is advice and support for young people, adults, and their family members if substance misuse is a problem. Contact **Somerset Drug & Alcohol Service** or phone **0300 303 8788** any time.

Parenting - Parents, carers and grandparents can **#LearnForLove** (access code: dragon) to support children from bump to teenager. **Young Somerset** also offer parent workshops and wider parent led work with mental health and early years.

Get free support and advice on:

