



# **Your Local Community Network**

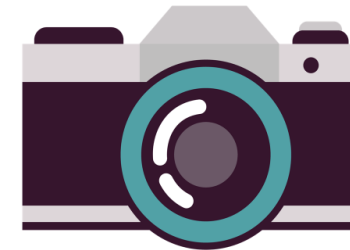
**Minehead &  
Watchet**

# Housekeeping

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- If the **fire alarm** sounds leave the building immediately - fire exists clearly signposted
- Could everyone **turn your mobile's WiFi off** to ensure those online get the best experience possible
- **All information is captured** during online discussion and forms part of the notes
- Please put your **phone on silent**
- Please **raise your hand** to alert the chair you'd like to speak
- **When speaking please hold one of the microphones and speak clearly into it.** They will work automatically when you start speaking, indicated with a green light

## Please Note



This event is being photographed for publicity purposes.

Images taken at this venue may be used by Somerset Council staff for promotional materials, including our website, press releases and social media posts.

If you do not want your image used, please let a member of the Local Community Network Team know. **Thank you.**

# Agenda Items 1-4

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- 1. Introductions and apologies**
- 2. Minutes of the previous meeting and matter arising**
- 3. Matters arising not part of later items**
- 4. Update from Avon and Somerset Police (PCSO KW)**

# Agenda Item 5 – Highways Working Group

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To consider the recommendations:

- A small working group is set up to look specifically at the B3191 Cleeve Hill road closure to vehicles and explore alternative solutions. Also to consider wider flood and coastal protection issues.
- A working group to be established to look at the Active Travel Routes with particular emphasis on the proposed Dunster to Carhampton Cycle way.

# Agenda Item 6 – Presentation from Fodo Higginson

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**Fodo Higginson is the Health and Wellbeing Grant Coordinator employed by Somerset Association of Local Councils (SALC)**

**Following the presentation there will be an open discussion:**

- **What do we want to prioritise?**
- **Action and next steps?**



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SALC are working with Somerset Council, Public Health and other partners, to help support Somerset's city, town and parish Councils to actively engage in and deliver, Community Health & Wellbeing projects locally.

The Community Health & Wellbeing team are available to help – to talk through project ideas and work with your council to develop these ideas into worthwhile, long-lasting projects of all sizes.



**Culture & Creativity**  
**Employment, Education & Training**  
**Environment & Climate Change**  
**Equality & Diversity**  
**Health & Community Services**  
**Finance**  
**Housing & Infrastructure**  
**Food & Nutrition**  
**Physical Activity**  
**Social Connections & Families**  
**Transport**



**£££...**

We are hoping to encourage long lasting projects. We understand this might mean a financial or time commitment from your council so, to help kick start ideas, grants have been made available from Somerset Public Health:

**Seed Grants** to scope out ideas – **up to £1500**

**Small Grants** for smaller projects or smaller councils - **up to £2500**

**Large Grants** for larger projects, maybe a group of Councils working together - **up to £35,000**

Our programme has already supported several projects across Somerset, from community gardens and social clubs to bike maintenance workshops. It's designed to be accessible to city, town and parish councils, helping you create a healthier, more connected community:

### **Large Grant example:**

**South East Somerset LCN – Youth Outreach** This project is all about getting young people more engaged and helping those who might be struggling. This was a large grant because the project covers all parishes in the LCN area and needed significant funding to provide youth outreach services across the patch. The 4 larger councils pitched in financially to match fund the £35K grant. They're also teaming up with local schools and organisations.

### **Seed Grant Example:**

**Shepton Mallet Town Council – Youth Council** This is a grant to scope out young people's interest in taking an active role in decision making in Shepton Mallet. The council will be working with the school and existing youth provision to reach all young people.

## Small Grant examples:

**Lympsham Parish Council - Chatty Hour Club** A weekly session for more isolated residents to meet, chat socialise and bring in the occasional speaker on useful topics like fraud prevention.

**Bishop Hull Parish Council - Allotment Project** This project tackles the growing demand for allotments by installing raised beds and seating, making the space accessible for everyone, including those with mobility issues.

**Crewkerne Parish Council - Nature Reserve Project** This project is all about making the local nature reserve more accessible and educational. They're updating welcome boards, improving access, and creating fun ways for families to explore the reserve and learn about local wildlife.

**Curry Rivel Parish Council - Cookery Skills Project** Offering cookery classes to help families and individuals on low incomes learn how to prepare nutritious meals on a budget. It's about building essential life skills while also providing a social space where people can connect, share recipes, and improve their confidence in the kitchen.

**Burnham-on-Sea Town Council - On Your Bike** To cover bike maintenance & road safety advice the council brought in On Your Bike. They even worked with the police to engage disaffected young people, offering them something constructive to do.

## Grant Guidance – Key Points

- Grants are for city, town & parish councils in Somerset Council area
- Match funding isn't required for Seed Funding
- Some match funding is required for Small & Large Grants. This could be previous, current or future council funding for a project, outside funding, officer time or other 'in kind' support
- The grant will be paid to one council even if a few are applying together.
- If a council doesn't have General Power of Competence or the power to deliver a project, with sufficient S137 availability, then the grant can be paid into the bank account of a collaborating organisation. However, the council will remain responsible for the spending of the grant monies

## **\*FREE TRAINING**

### **Evaluating the impact of Health & Wellbeing projects:**

- How do we evaluate the benefits (outcomes) of the projects we deliver?
- How do we know if our project is having the impact we hoped for?
- How do we know if our project is reaching the people we hoped to reach?
- How does a project develop and what element might have led to the desired outcomes?
- How do we gather this information?

This interactive webinar, delivered by the Lincoln Institute for Rural and Coastal Health, University of Lincoln, will set out different approaches we can use to understand the health and wellbeing benefits of projects in real world settings. In addition, the session asks us to think about who we can involve, how and when.

We welcome Councillors and Clerks to come along and find out more.

**Host: Lincoln Institute for Rural and Coastal Health, University of Lincoln**

**Time: 10:00 – 12:00**

**Date: Wednesday 23<sup>rd</sup> October 2024**

**Place: Remote**

**This Community Health & Wellbeing programme is about us helping you to support your communities to live happier healthier lives**

**To start a conversation contact:**

**Fodo Higginson**

**Community Health & Wellbeing Officer**

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**Website**

**<https://somerset-alc.org.uk/health-wellbeing/>**



# Dates for future meetings

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**Thursday 9 January 2025, at 6:30pm – venue required**

**Thursday 10 April 2025, at 6:30pm**

**Wednesday 16 July 2025, AGM at 6.30pm**

**Thank you for your participation**

