



Your Local Community Network

Levels and Moors
LCN

Agenda

1. **Welcome and introductions**
2. **Notes from the last meeting**
3. **Presentations from Somerset Association of Local Councils (SALC) and Community Council for Somerset (CS/CCS)**
4. **Health Data profile**
5. **Discussion: Health and Wellbeing for residents**
6. **Feedback and Next steps**
7. **Working groups update**
8. **Date and theme of next meeting**

Presentation from Somerset Association of Local Councils



Questions?

Presentation from Community Council for Somerset



THE COMMUNITY COUNCIL FOR SOMERSET

Who are we?

CCS is The Community Council for Somerset. We are a U.K. charity, established in 1926. We deliver a number of programmes to enable us to deliver our vision and mission.

Our Vision

- Supporting Somerset's communities to thrive

Our Mission

- We enable change by listening, responding to need and building connections between people and communities

Our Values

- We are kind and compassionate
- We act with honesty and integrity
- We value equality and inclusion



somerset **village** &
community agents
part of CCS

Agent roles

Our Agents support anyone in need in

Social Prescribing Link Worker (SPLW)

Help with issues such as loneliness, debt or stress due to poor housing. They support people to resolve or improve social, emotional and practical issues affecting their health, wellbeing and independence. They give people time, focusing on "what matters to me"

Connect Somerset Service

Helping people with significant need to access practical community-based solutions with a focus on early help, reducing the need for social care.



Somerset Carers Service

Our Somerset Carers Service and the Village Agent Carer Connectors can support you with advice and guidance. The Agents role includes contingency and escalation planning for carers at risk of breakdown.

Caring for another person is very rewarding but can be overwhelming and lonely at times.





Hospital Village Agents

Supporting hospital discharge to avoid readmission

Our Hospital Village Agents can support people and their families/friends to navigate a safe discharge.

- Single Point Of Contact
- One referral form for professionals.
- Collaborative working with partners
- Support for families in sourcing care/cleaning through local providers.
- Assistance with local grants for temporary living arrangements and furniture.
- Early identification of patients needing assistance to avoid delays.
- Leveraging local community support.

Refugee Support Agents

Directing funds to those who need it

Our Refugee Support Agents are conducting the compulsory welfare checks on behalf of the Local Authority and we receive information about hosts/sponsors and guests to enable us to do this.

- Since April 2022 our Refugee Support Agents have helped 1545 individuals and families to resettle in Somerset.
- We hold weekly 'Welcome Hubs' across the county to provide advice, support, connecting people with local services and information.





Help Through Winter

Our Help through Winter Agents will

- Utilise community connections linking people with local support and/or groups
- Provide one to one support to access practical assistance
- Connect clients to social support and activities
- Access to grant support to meet immediate needs related to fuel poverty, isolation and keeping active

Our Agent Work

Who do we receive referrals from

- Emergency services
- GP practices, Primary Care Networks
- Adult social care
- Direct CCS phone call self referrals
- Direct CCS webpage self referrals
- Other health professionals
- Hospitals
- Other agencies including housing, police or other voluntary partners

The range of clients we support

- Financially struggling
- In need of Micro-Provider or home care community support
- Mental health primary care
- Sign posting and support with benefits
- Unpaid Carer support
- Elderly
- Isolated
- Adults over 18

How do we support our clients

- Food parcels and financial support
- Support with clearing homes
- Support finding a Micro-Provider or home help/ housing issues
- Support with finding local community groups and activities
- Access to grants in times of hardship
- Support to stay independent & safe

What we have learned on the way

- Social prescribing and providing community support extend beyond health and wellbeing
- By addressing social issues and reducing stress, contributes to a better quality of life for the general population
- We have learned how to identify solutions within our communities and make connections with people to enhance collaboration and resilience
- We engage with community groups and leaders, access grant funds and participate in activities at a grass roots level to understand the local landscape

How to access Village Agent support

- For self-referrals, please visit: <http://somersetagents.org/agent-call-back/> or call 01823 331222
- For professional referrals, Agents are able to respond to referrals and requests for information/advice through normal referrals routes via phone and electronic referrals
- Agents also attend Peer forums and MDTs
- All services can be accessed at Talking cafes across the county <https://somersetagents.org/talking-cafes/>

Somerset Diverse Communities team

Our team works with ethnically diverse communities to develop projects to achieve their goals, and increase their voice, visibility and presence in Somerset.

Delivering:

- Information and advice
- Conversation Clubs
- Training and workshops
- Podcasts and webinars
- Support for your community project
- Event Management





Community Buildings Advisory Service

Independent expert advice and practical support to volunteers managing community buildings, such as village halls, town halls, church halls and community centres.

Become a CCS Community Buildings Member for £110

- Expert Support: Friendly, independent advice (first hour FREE).
- Resources: FREE access to 90+ specialist information sheets (worth £680).
- Networking: Join our private Facebook group.
- 24/7 Online Access: Members-only area on our website.
- E-Newsletters: Regular updates.
- Quality Standard: FREE entry into the Hallmark Quality Standard Scheme.
- Discounts: Save on training and events.
- Promotion: Featured in our new Community Building Locator.

Our Current Community Projects

- **Decarb Somerset** - a project supporting buildings across the voluntary, community, faith and social enterprise sectors to cut costs and reduce their carbon footprint.
- **Affordable Rural Housing** – an independent enabling service to support rural affordable housing across Somerset.
- **Community Review** – supporting 18 Parish and Town Councils to undertake local consultation to create an action plan.
- **Learning English in Somerset** - A map and information about English for Speakers of Other Languages (ESOL) courses as well as a report into current provision and gaps and the formation of a Somerset ESOL network for providers across the county.





What we can do for your Community

- Bid Writing
- Business Planning
- Community Consultation
- Community Owned Assets
- Partnership Forums/Networks Design & Facilitation
- Evaluation & Impact Assessment
- Feasibility Studies
- Fundraising Strategies
- Governance & Legal Structures
- Marketing
- Neighbourhood Planning
- Rural Housing Needs Assessments
- Stakeholder Consultation
- Training & Mentoring

Thank You

To find out more about us and our work:

<https://ccslovesomerset.org/>

To self refer to an Agent:

<https://somersetagents.org/>

Email: info@somerstrcc.org.uk

Call: 01823 331222



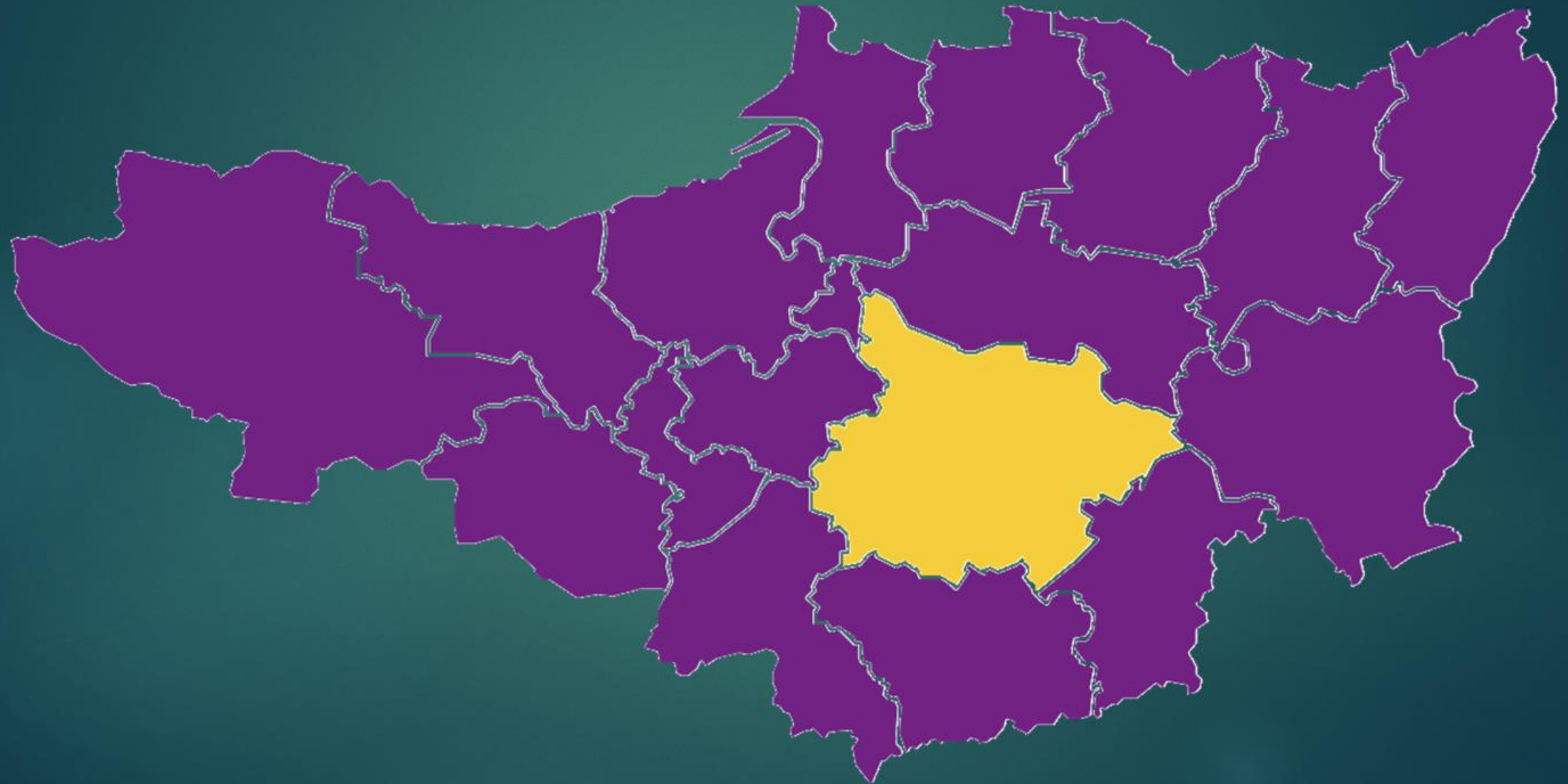
Questions?



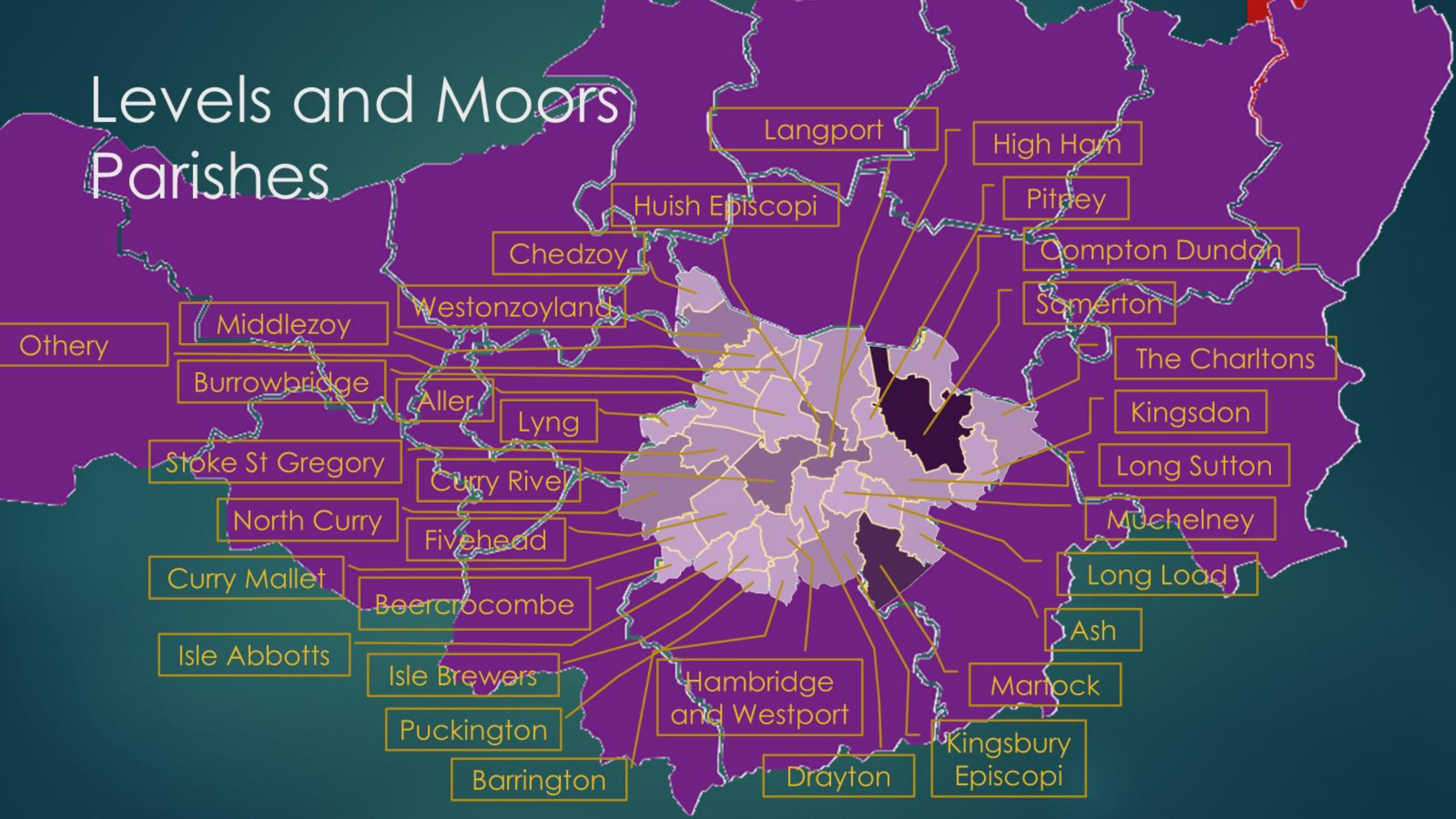
Health and Wellbeing

A CHALLENGE FOR THE LEVELS AND MOORS

Somerset LCNs

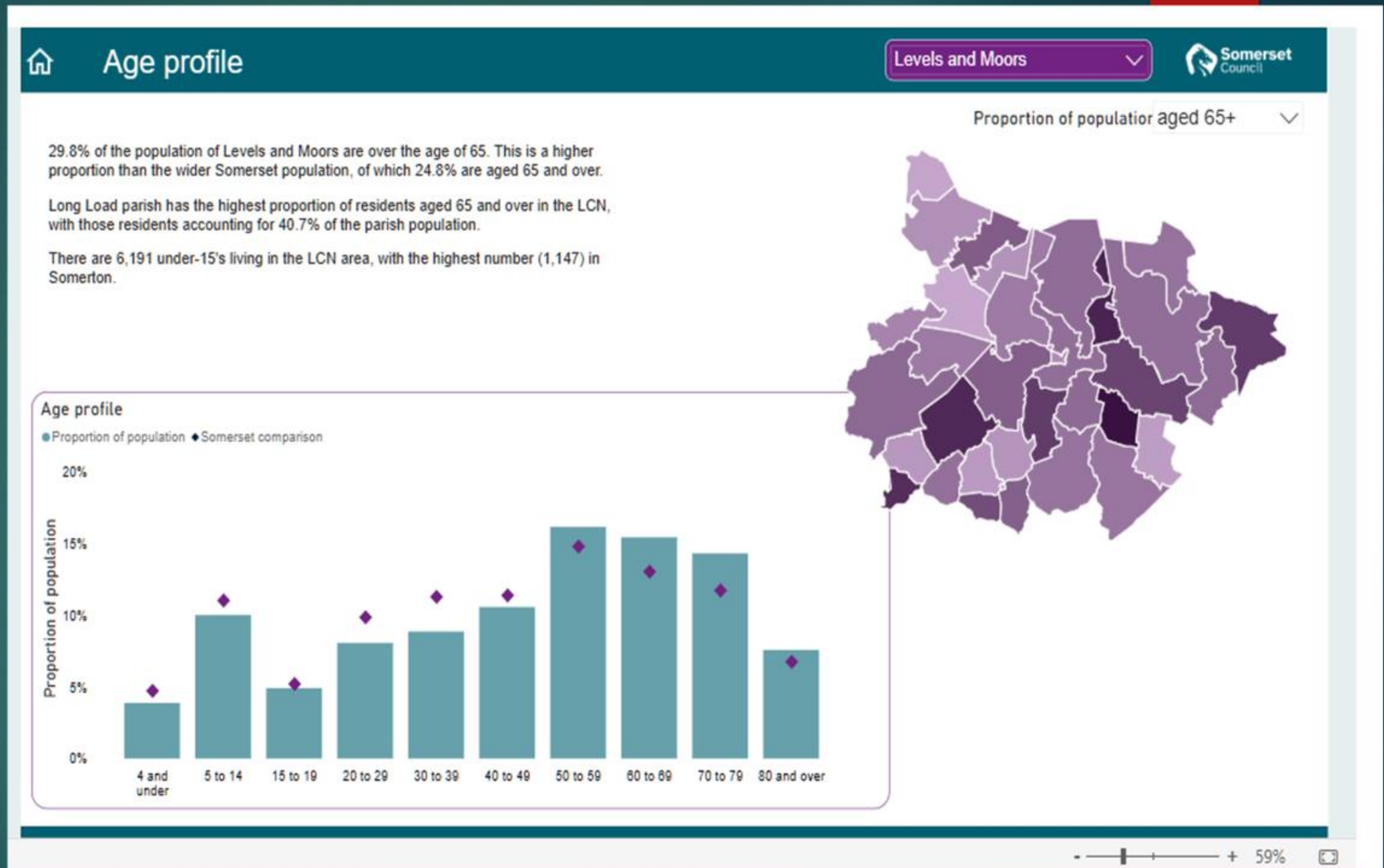


Levels and Moors Parishes



Age Profile Levels and moors LCN

We're
old...

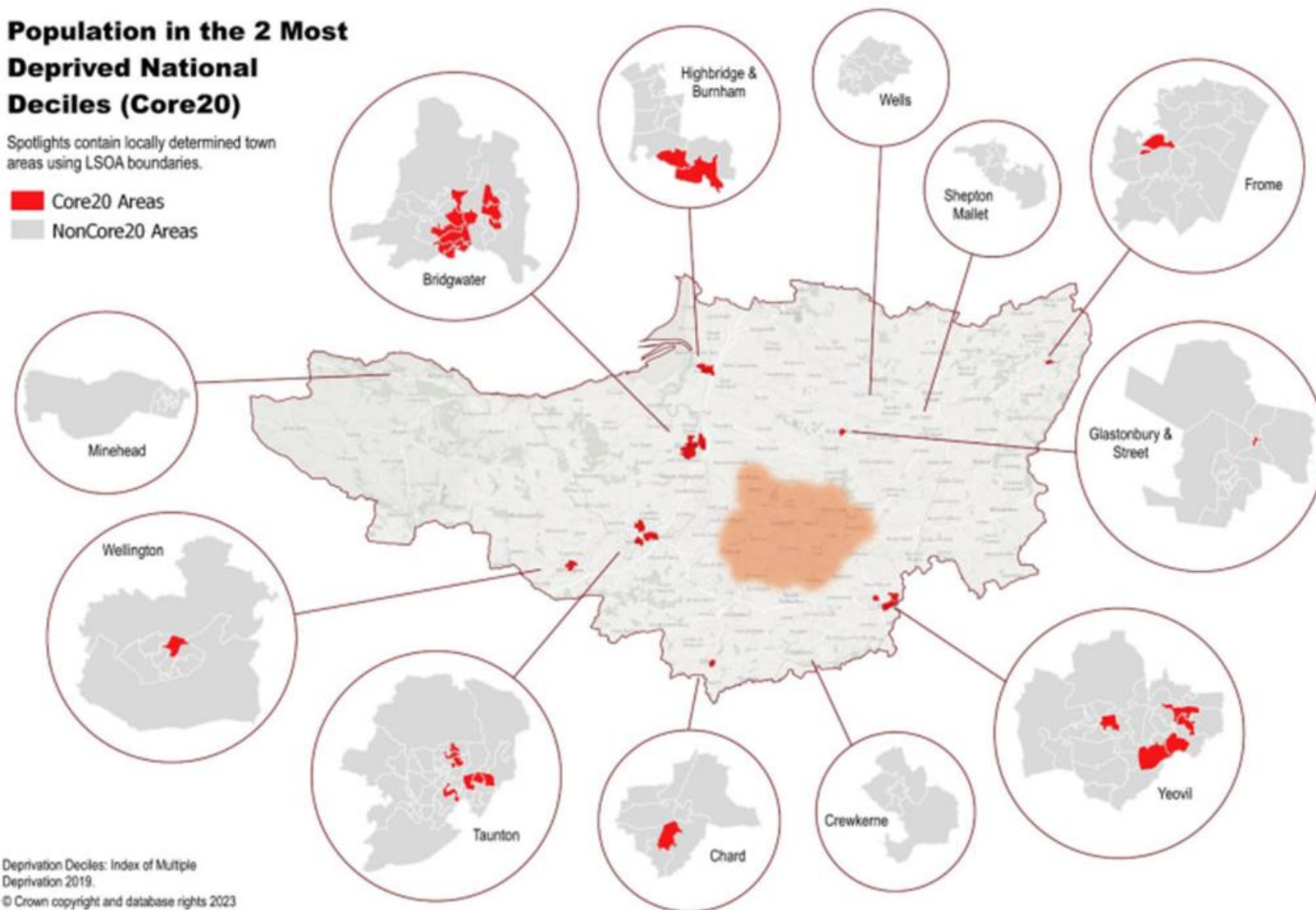


Most deprived areas in Somerset

Population in the 2 Most Deprived National Deciles (Core20)

Spotlights contain locally determined town areas using LSOA boundaries.

■ Core20 Areas
■ NonCore20 Areas



Deprivation Deciles: Index of Multiple Deprivation 2019.
© Crown copyright and database rights 2023
Ordnance Survey AC0000861332. Additional Information © Somerset Council

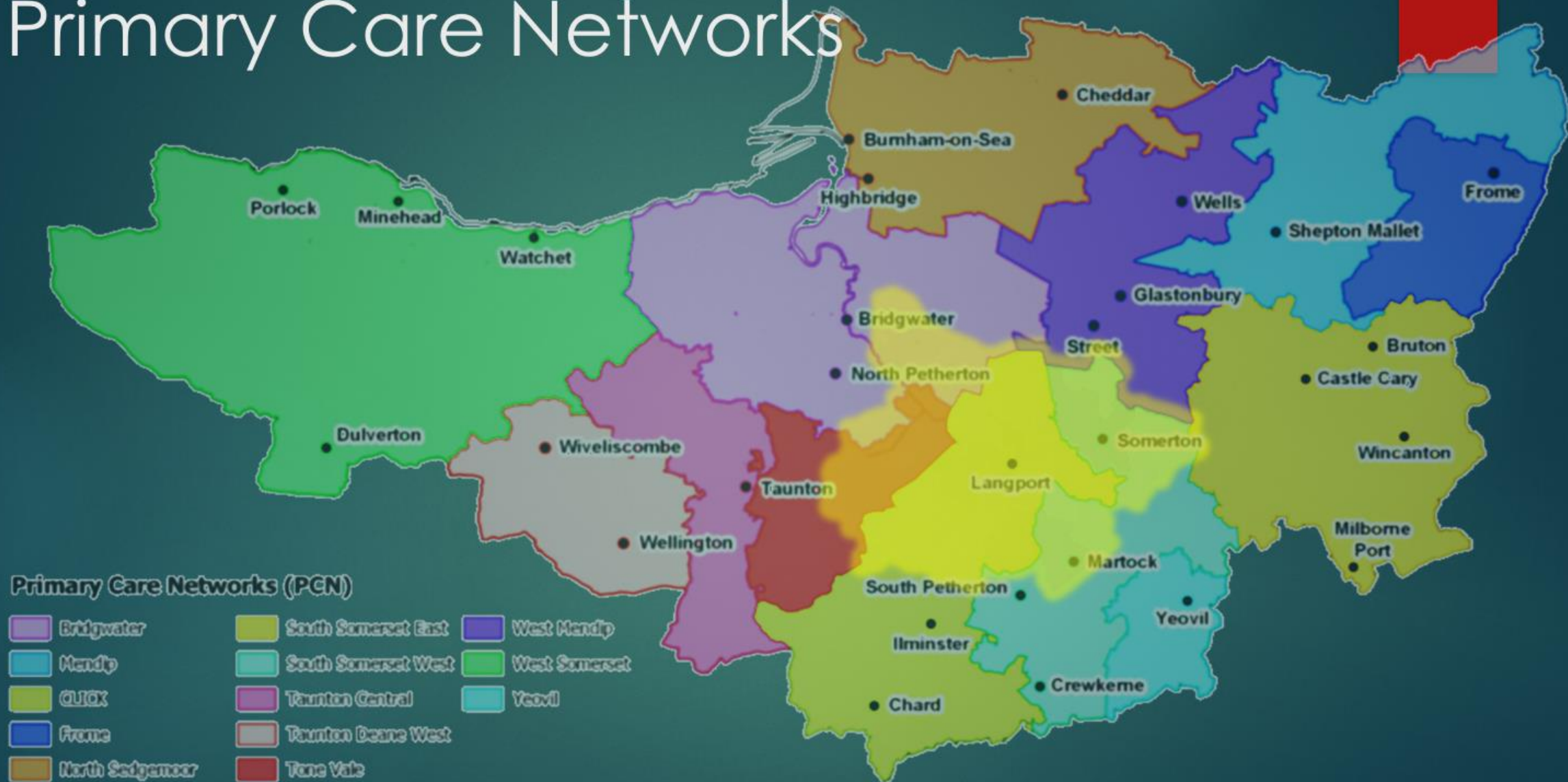
Index of Multiple Deprivation

These are the scores of the CLICK PCN compared to the other PCNs in Somerset.

Low is bad - high is good...

IMD Sub-Domain PCN Rank	1	2	3	4	5	6	7	8	9	10	11	12	13
Adult Skills			3										
Barriers to Housing and Services		2											
Children and Young People					5								
Crime										10			
Education			3										
Employment						6							
Geographical Barriers	1												
Health												12	
Income				4									
Indoors			3										
Living Environment		2											
Outdoors													13
Wider Barriers							7						

Primary Care Networks



Health and Wellbeing Profiles

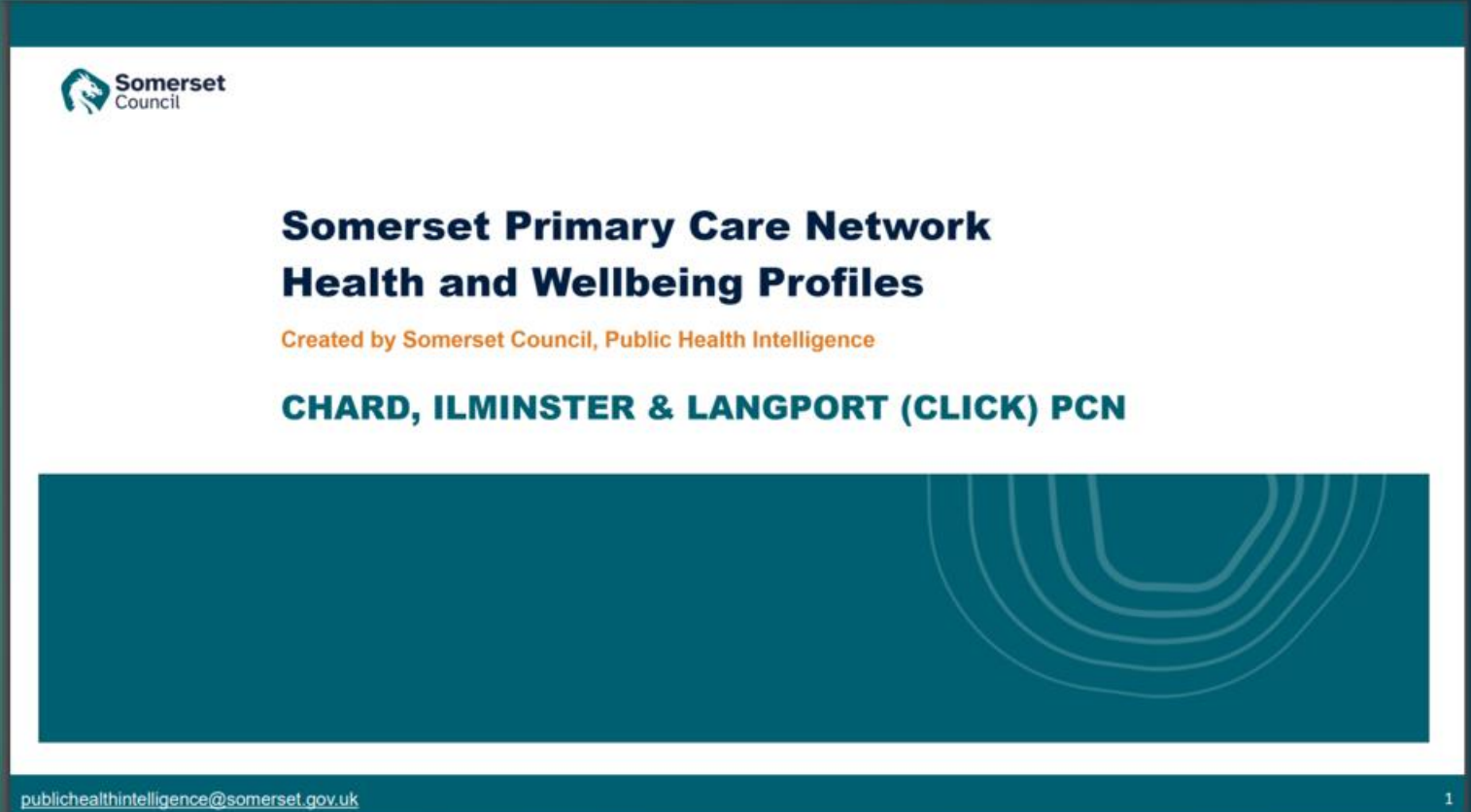
Click on below for link to your specific local profile

[Bridgwater](#)


[CLICK](#)

[South Somerset West](#)

[Tone Valley](#)



The screenshot shows a document header for Somerset Council. It features the council's logo and name in the top left. The main title is 'Somerset Primary Care Network Health and Wellbeing Profiles', followed by a subtitle 'Created by Somerset Council, Public Health Intelligence'. Below this, the specific profile is identified as 'CHARD, ILMINSTER & LANGPORT (CLICK) PCN'. The bottom of the page includes the email address 'publichealthintelligence@somerset.gov.uk' and a page number '1'. The background of the document has a teal header and footer with a white central area, and a decorative graphic of concentric circles in the bottom right corner.

 Somerset Council

**Somerset Primary Care Network
Health and Wellbeing Profiles**

Created by Somerset Council, Public Health Intelligence

CHARD, ILMINSTER & LANGPORT (CLICK) PCN

publichealthintelligence@somerset.gov.uk

1

Quality and Outcomes Framework “QOF”

This is one of the ways that the NHS monitors itself.

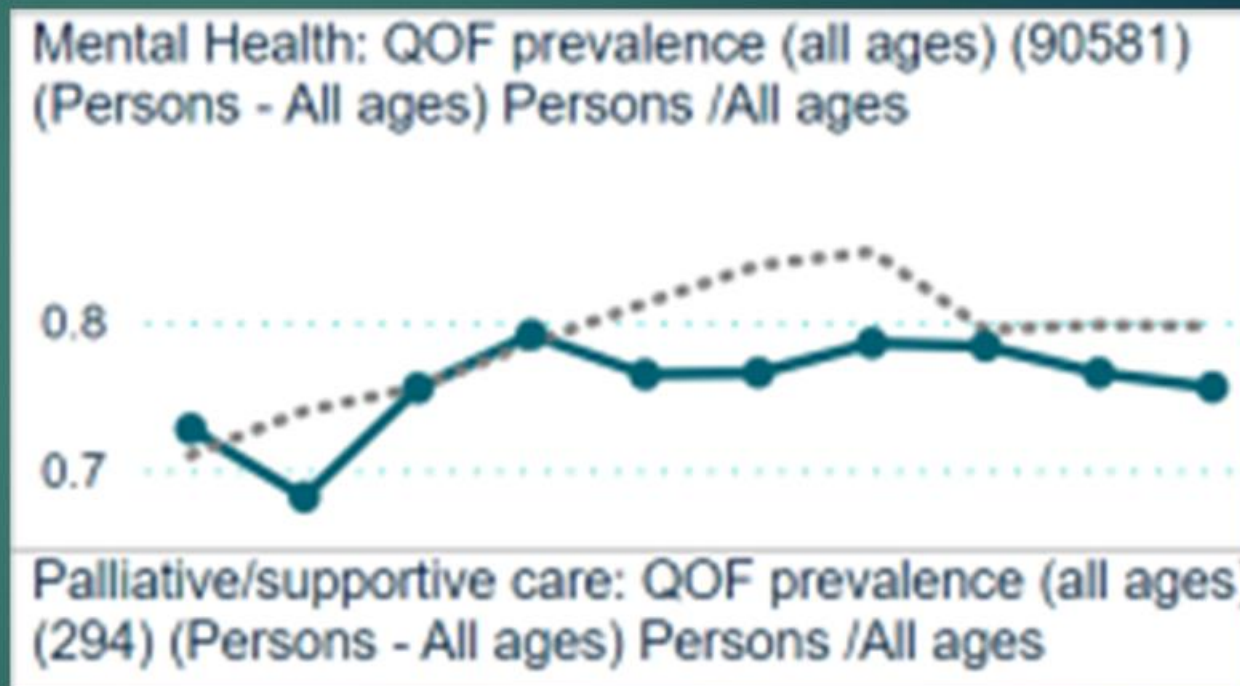
You can look it up

by Surgery

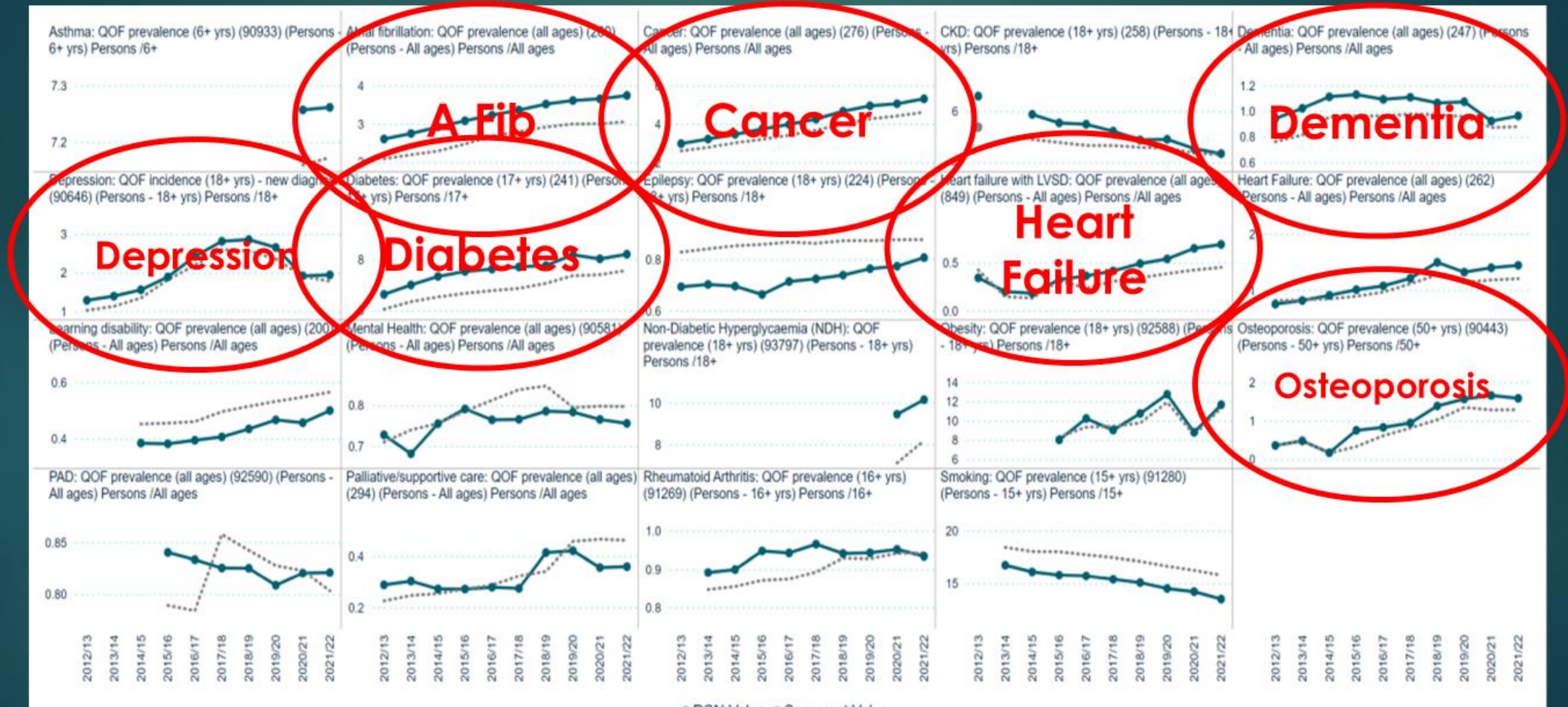
by PCN

by County

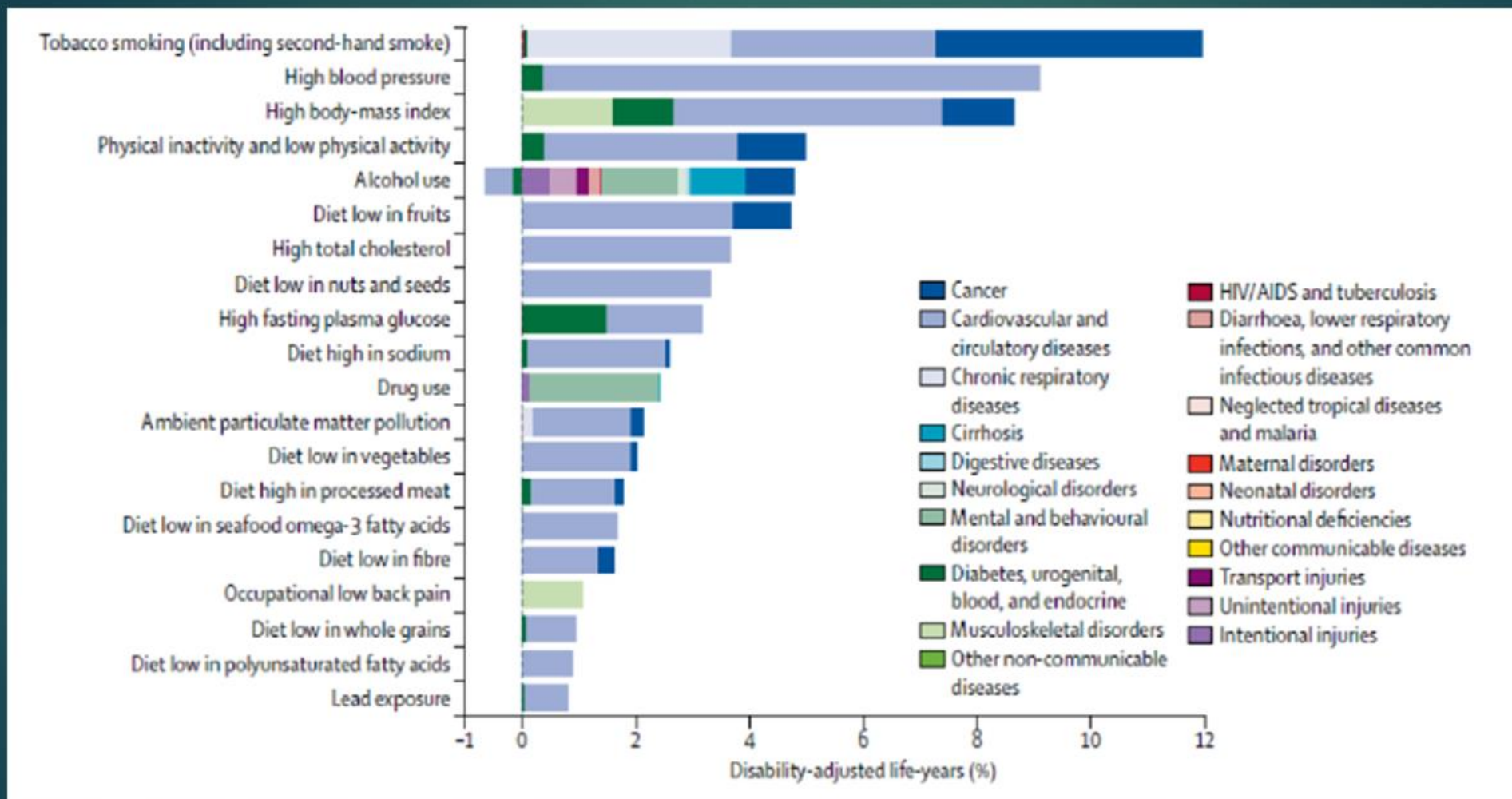
This is the trend chart for Mental Health from 2012 to 2022 with CLICK PCN compared to Somerset as a whole.



CLICK Trend Charts from 2012 to 2022



Years lost to leading risk factors



A DALY is a year in good health lost to this factor.

What is **that thing**?

That Thing can be as harmful to health as 15 cigarettes a day.

That Thing is more dangerous than obesity

That Thing increases the likelihood of disability

That Thing increases cognitive decline and makes dementia 64% more likely.

That Thing is **Loneliness**

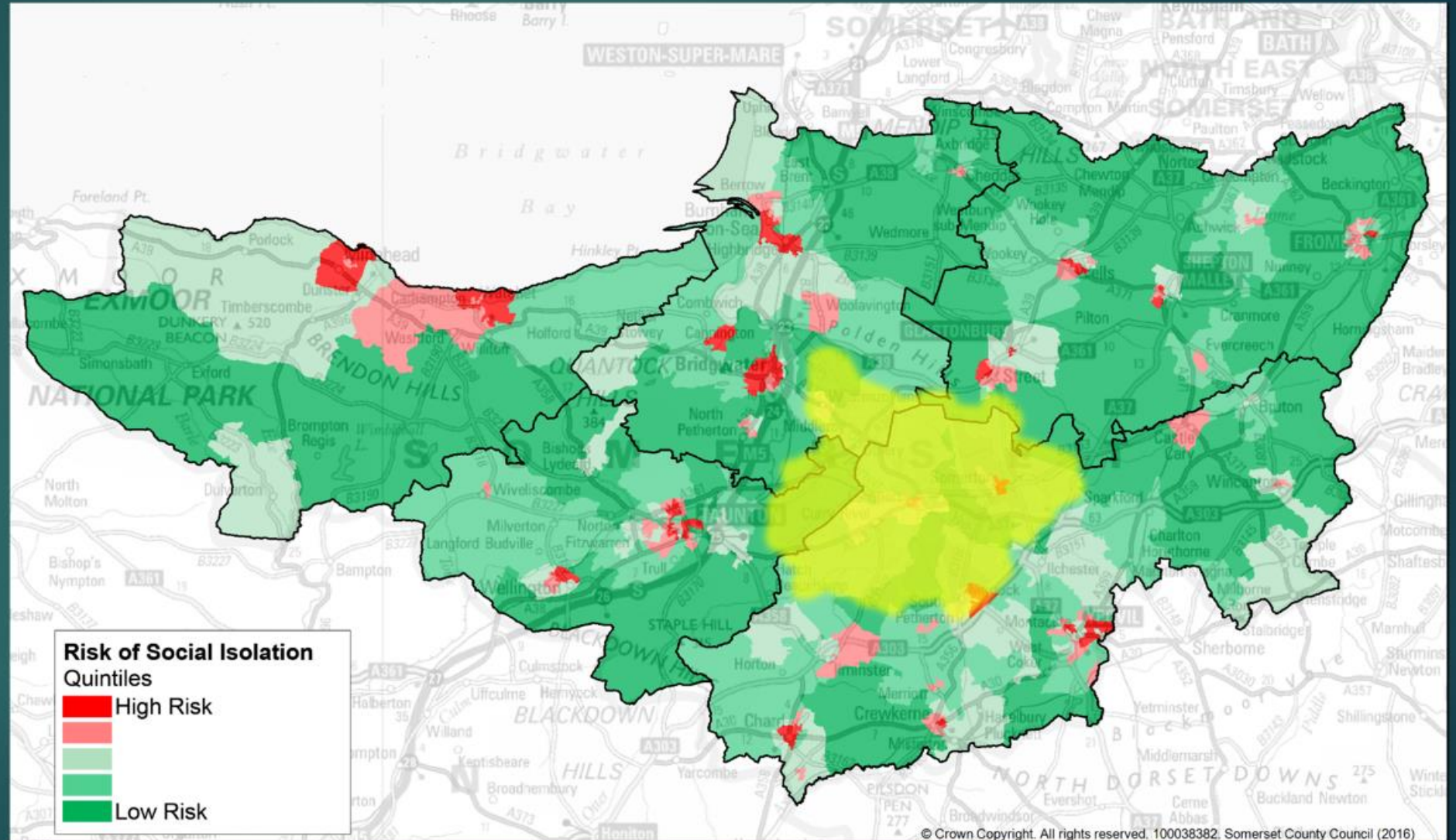
How do they measure risk of loneliness?

All of these factors contribute to the likelihood of loneliness.

Using these factors, you can map the risk of loneliness in Somerset.

Topic	Variable
Age	Age over 65
Household composition	Single person household
Family lifestage	Elderly single
Household income	< £15k
Financial stress	Difficult/Very difficult on household income
Car ownership	No Car
Crime	Anti-social behaviour rate
Education	Highest qualification below degree
Health status	Bad / Very bad health
Activity limited	Health problem or disability limits activities / work
Self-diagnosed conditions	Depression
Self-diagnosed conditions	Anxiety
Taking care of self	Do not take care of self as well as should
Internet usage	Less than every day
Facebook access	Not at all

Risk of Social Isolation in Somerset





▶ So what can we do about it?

Discussion

- 1) What area of Health and Wellbeing is of greatest concern to our residents?
- 2) What can the LCN facilitate? For example- Provision mapping and networking? Sharing resources between parishes?
- 3) How does the health data relate to your parish?
- 4) What can residents do themselves? And how can the LCN support?
- 5) What local resilience groups already exist and are there gaps?
- 6) How can we work better with the key lead agencies?

Feedback from Discussions

- What actions can we take from this?
- What would be valuable to investigate?

Working Group Updates

- Highways Working Group
 - On Microsoft Teams- Date TBC
- Active Travel Working Group
 - 10th October at Aller Village Hall

Date and Theme of Next Meeting

- What do you think would be a valuable theme to look at?
- Is there any working group that you would be interested to run?

- **The dates and locations of the next Levels and Moors LCN meetings are:**
 - **6th March 2025- Venue TBC – Do you have a Venue?**
 - **19th June 2025- Middlezoy Village Hall (AGM)**