

This Community Health & Wellbeing programme is about us helping you to support your communities to live happier healthier lives



Fodo Higginson

Community Health & Wellbeing Officer

HWBsupport@somerset-alc.org.uk
0793 226 5419

SALC is working with Somerset Council, and other partners, to help support the County's City, Town and Parish Councils to actively engage in, and deliver, community health & wellbeing projects.

Health & Wellbeing is a broad subject area with many possible activity proposals. The eleven headings are an indication of the kind of factors that can have an impact on people's physical and mental health as well as their sense of wellbeing and belonging.

You know your community best so your councils are best placed to deliver projects that address any inequality related to these factors.



... Your Council's Next Steps

Engage: If needed, we can help you to communicate with residents and identify community needs.

Collaborate: Actively work with your local groups and charities to develop innovative projects.

Partner: Connect with other Councils, your Local Community Network (LCN) and county providers to develop wider projects.

Apply for Grants: Explore available funding options:

£1,500 Seed Grants for initial project ideas.

£2,500 Small Grants for smaller or individual council projects.

£35,000 Large Grants for collaborative projects involving multiple councils.

Plan for the Future: Consider long-term sustainability when designing projects to ensure lasting impact.

Start a Conversation: Contact Fodo Higginson, Community Health & Wellbeing Officer, for support and guidance.

ENVIRONMENT &
CLIMATE CHANGE
TRANSPORT
FINANCE
CULTURE &
CREATIVITY
SOCIAL
CONNECTIONS &
FAMILIES
PHYSICAL ACTIVITY
EQUALITY &
DIVERSITY
EMPLOYMENT,
EDUCATION &
TRAINING
HEALTH &
COMMUNITY
SERVICES
HOUSING &
INFRASTRUCTURE
FOOD & NUTRITION